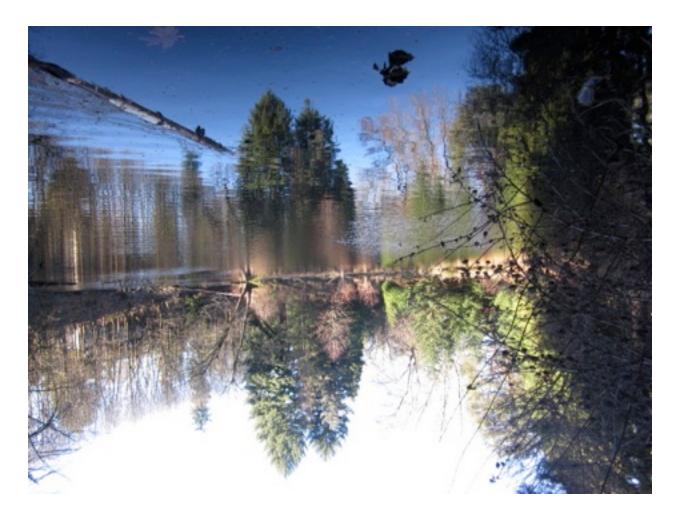
PAĪDEĪA 2012 Catalog





SATURDAY, JANUARY 14TH

10:00am-12:00pm, Dance Studio

Kenjutsu

Robert Ericksen and Veronica Stewart

Introduction for beginner to the art of Japanese swordsmanship. Learn the philosophy and physical techniques of kenjutsu and use them for physical, emotional, spiritual growth as well as preparation for an inevitable Z-Day.

10:00am-4:00pm, Vollum 116 Italic Calligraphy and Handwriting I Inga Dubay

"Reed College at that time offered perhaps the best calligraphy instruction in the country. Throughout the campus every poster, every label on every drawer, was beautifully hand calligraphed." – Steve Jobs, 2005

Read any obituary of Steve Jobs, and you might reasonably assume that calligraphy was the only thing he studied during his brief sojourn at Reed

College. From 1949 to 1984, Reed offered some of the best calligraphy instruction in the country, and Professors Lloyd Reynolds and Robert Palladino inspired generations of calligraphers, artists, teachers, type designers, poets, and writers. Join one of Reynolds' former students, internationally recognized calligraphy and handwriting instructor Inga Dubay, for two days of italic calligraphy instruction.

1:00pm-2:30pm, Sallyport Bountiful Bubbles

Matthew Lambert

Learn how to make awesome bubble solution! We'll mix the bubble solution together, try out some different ratios, make some bubble wands and fill the air with glistening, shimmering bubbles. Hopefully this solution will be robust enough that we can get some really big bubbles and hold them in our hands. Bring wire coat-hangers, pipe cleaners, empty tin cans, funnels, tubes, or anything else you think you could make a bubble with.

3:00pm-4:30pm, Dance Studio

1000 Hands Buddha

Mark Magee '87

1000 Hands Qigong is a meditative qigong form based on Buddhist and Taoist principles. This form is a foundational practice from the lineage of Dr. and Master Liu. Master Liu is the qigong master at the Oregon College of Oriental Medicine in Portland and co –founder of the Linggui School of Healing Qigong. Dr. Liu is also a qigong master and co-founder of Linggui. 1000 Hands Buddha is practiced in a seated position, using simple flowing movements, mudra hand poses and visualizations intended to reproduce specific states of consciousness attributed to the teachings of the Buddha. It is considered a qigong form due to the focus on shifting energy through the body to reproduce these states. This is a wonderful form to do before sleeping or just after waking as it helps calm one down and foster some much needed focus to deal with the hectic social and academic life of the student. Also included is some introductory material on the role of mindfulness in the practice of qigong.

4:00pm-5:00pm, VLH

Physics 666 and 1337: Classical Mechanics IV: Black Magic and Quantum Mechanics III: Defense Against the Dark Arts Neal Reynolds

In this short class we will engage on a whirlwind examination of astrological operator theory and its applications and uses in modern (and ancient) physics.

Topics covered will include: Proper usage of each standard astrological operator, history of astrological operator theory, philosophical implications, as well as the use of and controversy surrounding the apocryphal 13thoperator: Aesclepius. Introductory Physics is recommended but it is our aim to make the lecture accessible to all.



SUNDAY, JANUARY 15th

9:00am-3:00pm, Vollum 110 A Circle of Men

Rory Bowman '90

The ManKind Project is an international organization that has been organizing support groups and trainings toward "mature masculinity" for over twenty-five years. Get a brief taste of "men's work" and what it might mean to define your own best masculinity with the support of other men. Jeremy Appleton '88 and Rory Bowman '90 are both members of the Mankind Project.

10:00am-4:00pm, Vollum 116 Italic Calligraphy and Handwriting II Inga Dubay

"Reed College at that time offered perhaps the best calligraphy instruction in the country. Throughout the campus every poster, every label on every drawer, was beautifully hand calligraphed." – Steve Jobs, 2005 Read any obituary of Steve Jobs, and you might reasonably assume that calligraphy was the only thing he studied during his brief sojourn at Reed College. From 1949 to 1984, Reed offered some of the best calligraphy instruction in the country, and Professors Lloyd Reynolds and Robert Palladino inspired generations of calligraphers, artists, teachers, type designers, poets, and writers. Join one of Reynolds' former students, internationally recognized calligraphy and handwriting instructor Inga Dubay, for two days of italic calligraphy instruction.

12:00pm-1:30pm, Psych 105

Getting Paid 101

Andy McLain '92, Rebecca Ok '09

A Reed college education is excellent preparation for graduate school, but what if you want or need a job? Then there are important skills you must acquire, and we're going to talk about how you can do that. We'll talk about job hunt strategies, résumé layout and writing, cover letter writing, follow up calls, and making use of the vast network of alumni who are waiting to help you out.

12:00pm-2:00pm, Dance Studio

Kenjutsu

Robert Ericksen and Veronica Stewart

Introduction for beginner to the art of Japanese swordsmanship. Learn the philosophy and physical techniques of kenjutsu and use them for physical, emotional, spiritual growth as well as preparation for an inevitable Z-Day.

2:00pm-4:00pm, SU NERF WAR!!!

Mark Hulea (05

Mark Hulse '05

Come get exercise, learn valuable teamwork skills, and take part in a wholesome Paideia tradition, all while blasting people with foam darts. If you love the smell of polyurethane in the morning, help make this the largest battle royale yet. Bring your NERF guns if you have them, though my arsenal is large enough that I can usually accommodate all comers.

2:30pm-4:00pm, Aspen Multi-Purpose Room

Leather-working class

Gray Davidson and Kara Sowles '10

Learn to mould leather into small, hardy shapes by wetting it. Try your hand at leather flowers, small leather masks, or anything you might invent. Leather will be cut, wetted, shaped, and dried, and dye will be available to retouch the

lighter-colored cut edges of your leather. No skills of any kind needed - anyone can easily make something nice! We promise it's super easy.

3:00pm-4:30pm, Dance Studio Dao Yin Wu Wei Mark Magee '87 Dao Yin Wu Wei is an active qigong reminiscent of basic movements seen in Tai Chi. This is also a form from the Liu family qigong school. The form uses graceful arm movements and simple foot positions in order to take in and release qi. The intention is to create free flowing exchanges of internal qi with

graceful arm movements and simple foot positions in order to take in and release qi. The intention is to create free flowing exchanges of internal qi with external qi until these perceived boundaries break down. It is a simple form that unveils a much greater complexity. It is also very much a meditation that helps develop concepts of equanimity and patience. As time permits, we may also learn a few movements from other qigong forms. This form can be anything from a deeply calming meditative experience that helps to unfold the mysteries of the physical body, to simply a great way to wake up numb limbs and free up your breathing after sitting for hours in the library. It is always your choice. Also included is some introductory material on the role of mindfulness in the practice of qigong. Mark Magee, Reed '87, has been practicing qigong for six years through the Linggui School of Healing Qigong. His focus in recent years is on the role of qigong as conduit for transformation in the Zen and Tibetan Buddhist traditions.

4:00pm-5:00pm, Vollum 110

Perfect Paideia Planning

Rory Bowman '90

In its beginning, Paideia was a month long and consisted largely of cooking classes to help thesis-writing students stay alive until board service returned with classes. As it expanded to include more long-form craft projects and non-academic classes, it was featured on the academic calendar and in the Reed catalog. At various times it has featured hundreds of class sessions, including many open to the general public. Paideia can be an amazing time of connection and exploration, but only with proper planning. Former Paideia coordinators and future Paideia planners are invited to a discussion and workshop on the future of Paideia, visions and possibilities. If you hope to see more from Paideia in the future, please come!

5:00pm-8:00pm, Winch The game of C.R.U.D. Jacob "Tina" Kopczynski Like pool. Only in teams. And no cues. And only two balls. And at blazing speed. And under false names. Never mind, not like pool. But on a pool table.

7:00pm-8:30pm, SU Hips Don't Lie, But What Are They Saying? Lisa Henderson You can learn a LOT about a person from their body language, paying attention to how they carry themselves and how they move. You can figure out their personality, their mood, and even take some educated guesses at their emotional history. Come learn the basics of body language, and you can learn how to read people better and understand how you present yourself and/or how to change it. Come learn about people and how they move! Body language ftw!



MONDAY, JANUARY 16th

10:00am-12:30pm, Student Garden Space (Co-op) Food Self-Sufficiency I - Gardening and Composting Seth Douglas Discussion of practical, cost-effective growing methods aimed at food

production on a small-scale in urban and suburban environments. Discussion and hands-on workshop for composting aimed at the same. A healthy dose of postoil, post-crash paranoia and wishful dreaming about the apocalypse.

10:00am-1:00pm, Sitka Kitchen Breakfeast: An Experimental Course Natalie Farnham and Tessa Hoppenfeld What happens when you smoothiefy apple pie? Or scramble pancakes? Come 'n see. Limited to first 15 people.

11:00am-12:00pm, Psych 105

Robotic and automated telescopes: past, present, and future Peter Abrahams '77

During the 19th century, automated telescopes were conceived or built, including David & Mabel Todd's 'automatic device for photographing the solar corona,' and the fiction of E.E. Barnard's 'automatic comet-finder.' In the 20th century, automatic guiding and mechanical computers were important milestones in the development of telescope science. In recent years, the introduction of 'artificial intelligence' has brought the serious implications of engineering intelligent behavior. Automatic (robotic) telescopes are not simply remotely operated, but involve some level of machine intelligence, enabling a telescope to act without the direct initiative of an operator. Examples include a telescope that senses weather, initiates, slews to a pre-programmed list of stars for photometry, then shuts down after the night; or a space-based gamma ray telescope that triggers a land-based optical telescope to slew to a gamma ray burst and observe the spectrum of the object. This development of the capabilities of the telescope is profound in a manner surpassing the ubiquitous automation of modern life: large modern telescopes gather data at a stupendous rate, and rely on artificial intelligence to deal with the deluge. These data gathering machines have a potential far beyond mere robotic operation.

1:00pm-2:00pm, Eliot 216

Anarchism 101

Andrew Barney

The Nation, Al Jazeera, and the Guardian have all published articles praising the role of anarchism and anarchist organizers in the thousands-strong Occupy Wall Street movement. But what is anarchism, anyway? This class will explore some of what anarchism has meant to the millions of people who have participated in anarchist political movements from the Philippines to the Ukraine to Mexico as well as what anarchism offers to contemporary political movements. While last year's class focused on sketching out a history of anarchism, this class will look more closely at anarchist practices and ideas in action.

1:00pm-3:00pm, Vollum 118

Sun Tzu's <u>Art of War</u>

Ian Walling

Two hours to be spent examining Sun Tzu's Art of War in its historical contexts, as a piece of strategic theory, and as a part of the dialogue on civil military relations.

2:00pm-5:00pm, SU Tie-Dye! - Day one Sam Levin

Ever tie-dyed and lived to tell the tale? If not, you can this Paideia season! For those who don't know, tie-dying is a two day process. Day one: tying, dying, soaking your article of clothing, which takes up to half an hour. Then the waiting begins. Day two is for raveling and enjoying the pretty patterns. You will receive some nifty detergent to wash your garment with so the dye lasts long in its pattern! Be sure to bring your own white garment that's made from just cotton. There are alternative fabrics you can use, but cotton's the one most people including myself recommend.

3:00pm-5:00pm, Eliot 207

Glass Plate Game

Emily Crotteau

The Glass Plate Game, inspired by Hermann Hesse's Glass Bead Game, is essentially a conversation in the trappings of a board game. The idea is to spark creative and interesting dialog as the players explore connections between ideas presented on a dynamic mosaic of cards. There are no winners or losers. There is no order of play. Conversation continues throughout, and anyone can make a move at any time. The end result is an artifact of the conversation, a map depicting the twists and turns of the conversation.

We will begin with an introduction to the game, then launch right into playing, with time for idea card making as we go along.

Come for fun, friends, and stimulating conversation.

3:00pm-6:00pm, Eliot 103 Rudimentary Astrology Kenji Yokishawa A beginner's lesson in Astrology. The signs. The planets. The natal chart. We'll start from there and see what happens.

4:00pm-5:30pm, Vollum 118 Mad Psychology Sam Liebow Not only is psychology a science, it's a mad science! Come to find out how to give people false memories, why placebes will make people ordure more sheel

give people false memories, why placebos will make people endure more shock, what happens when you split a brain, what makes people think their spouses have been replaced by robots, how the blind can see, and exactly what happens when you squirt ice-cold water into your left ear. No psych background required.

4:00pm-5:30pm, Spanish House Kitchen Makin' Mac 'n' Cheese Kate McCully

Do you love mac and cheese? No, no, not Kraft Mac, silly. I'm talking about <u>real</u> mac and cheese. Learn how to make this classic, home-style dish from scratch with some simple ingredients. We'll experiment with cheeses, vegetables, meat, and spices. Come hungry, create your masterpiece, and enjoy.

4:00pm-7:00pm, Vollum Lounge

Basic Street Smarts: Trusting your Intuition and Protecting yourself from a Threat

Jess Dimiceli and Blake Barnes

We will be discussing the basics on identifying a suspicious individual/vehicle/ circumstance, how to respond and report, and how to protect yourself from a possible threat. Most of the class will focus around heightening ones sense of their surroundings, trusting your natural intuition and managing aggressive behavior with verbal deescalation techniques. We will also touch on some basic self defense.

6:00pm-9:00pm, Chapel

BDSM 201

Anna Stonestrom '09

BDSM 201 is a demonstration and workshop class covering some practical BDSM skills and toys, and potentially expanding into discussion of other topics (such as headspace, switching, or the larger kink community). Demos include flogging and caning, violet wand, and basic rope bondage. Feel free to bring questions or requests.



TUESDAY, JANUARY 17TH

10:00am-11:00am, Language Lab

Online Resources for Language Majors/Enthusiasts-Spanish Alexandra Primiana

Continual practice is key to a better understanding and an ultimate mastery of any language. Any interested language majors (or language enthusiasts) should come by the Language Lab during Paideia to learn of useful and interesting online resources that could help in perfecting a foreign language. Each day will be dedicated to one of the languages taught at Reed: German, Spanish, Russian, Chinese, French. We'll be looking at grammar and vocabulary specific resources, as well as online tools designed for better study. We'll also be looking at research,

cultural, and literary resources that might prove invaluable in the more advanced

language courses.

10:00pm-11:30am, SU Tap Dancing 101 Christy Short Do you tap dance? Have you ever wanted to? Now is your chance! I will be teaching several basic steps and the tap shim-sham. Please wear loose clothing and if you don't have tap shoes. something with a hard sole and limited traction. (Converse seem to work. So would non-stiletto low heels.)

10:00am-11:30am, Vollum 110 Futurology is Not Predicting the Future Jim Kahan '64

I will present an approach to dealing with the future that is neither forecasting (figuring out what is going to happen) or backcasting (figuring out where you want to go and working backwards to get there). Instead, you use the best elements of both while avoiding their drawbacks. After a presentation of the basic concepts, we will as a group apply them to the topic of "Liberal arts education in the mid-21st Century"—OR—"Will there be a Reed for your kids to attend and if so, what might it look like?"

10:00am-11:30am, Bio-19 DIY ALANA presents: Islam in the West Alexander Cherin Ever wonder what an ethnic studies class would look like at Reed? DIY ALANA presents a lecture series about "Islam in the West." Kambiz GhaneaBassiri and Paul Silverstein are going to present lectures on the topic.

10:00am-12:00pm, Vollum 134 Writing to Heal Rory Bowman '90 From Jung's "red book" through feminist workshops, writing has been a powerful and affordable tool for self-exploration and healing. Whether used by itself or as part of other techniques and counseling, therapeutic writing or focused "journaling" can be a powerful tool for wellness. A brief overview of a few simple techniques for self-exploration with resource pointers and suggestions for folks interested in pursuing the topic or starting a therapeutic writing group.

11:00am-12:00pm, Library Lobby Tour the Secret Library Gay Walker '69 and Linda Maddux

Have you ever wondered where all those locked doors go? Why there are grotesques but not gargoyles? What are those strange collections up the spiral staircase in the Pollock Room? Let us take you on a tour of discovery. You can amaze your friends with your esoteric knowledge and learn more about your library home-away-from-home. 12 people max.

11:00am-12:00pm, Sallyport

Boot Camp for the Studious: An Instructive and Intensive Workout Kate McCully

Want to be a baller? Open to everyone, guys and girls, this class is an introductory but intense class on fitness. Learn proper running form. Learn how to do an effective push-up. Learn exercises that activate different core muscles. Come for the workout, to train for your sport, or just to have fun and learn some new techniques. Post-workout snacks provided.

11:00am-1:00pm, Vollum Lounge

The Sex Ed You Wish You Had in High School (Part I)

Unitarian Universalist Group, Kayla Sheridan

Our Whole Lives, the result of seven years' collaboration by Unitarian Universalists and the United Church of Christ, is a comprehensive sex education program with a holistic view of sexuality that includes an adult program. O.W.L.trained teachers will be on campus offering two workshops, answering all the questions you ever wanted to ask.

11:00am-1:00pm, Eliot 207

Build a Golden Age with Tree, Reed Alum '63. Focus on Keynes' Economic Possibilities for our Grandchildren.

Tree (Ron Warsher) '63

Come listen and speak with Reed Alum '63 Tree (Ron Warsher), inspired by John Maynard Keynes' essay "Economic possibilities for our grandchildren" about building a golden age on Earth now by living a life of simplicity, all with a focus on love, gifts, art, and peace.

12:00pm-1:00pm, GCC-A

Getting Better at Playing Charades

Christina Gremore

"Playing Charades is specifically about the difficulty of communication...you have to learn to enjoy yourself while trying to communicate with people who don't understand you." I'm not a Charades expert, but I'm very interested in communication and performance, and I thought it would be cool to have some time to facilitate an exploration of these skills with other Reedies who have the same interest. There is also a very real possibility that we'll all get better at playing Charades.

12:00pm-1:00pm, Mat Room Play 201: Spheres Jay Harman An introduction to contact juggling, this class will cover a number of basic isolations, as well as the theory behind body rolls.

1:00pm-1:45pm, Vollum 118 Tuvan Throatsinging for Beginners Antonio Marin An introductory class in the folk-singing style from Tuva and Mongolia. Attendees will be taught how to sing at least 2 separate tones simultaneously, in at least one of the 3 major styles. Field trip to Physics Pit included.

1:00-2:00pm, Vollum 134 Understanding the Writing Process Rory Bowman '90

Well-executed writing projects tend to go through a fairly consistent process of prewriting, drafting, revision, editing and publishing. Explicitly understanding this process can simplify any writing project. "Trait analysis" is a technique for more productive editing through iterative attention to specific traits such as ideas, organization, word choice, fluency, voice and mechanics. Alumnus Rory Bowman goes over these two concepts with brief discussion afterwards on how they can simplify all kinds of writing, from poetry to theses to business plans.

2:00pm-2:45pm, Eliot 416

Extreme Metal 101: Death Metal

Ethan Pettyjohn

What's the difference between Death Metal and Black Metal? Death Metal's the same thing as Screamo, right? Isn't it all just noise anyway? Find out the answers to these questions and more in this three-part lecture series on the extreme subgenres of heavy metal music. This lecture will focus on the Death Metal subgenre, its history and influences, and some of the techniques involved in playing it.

2:00pm-3:00pm, DoJo Conference Room

Academic Goal Setting

Julie Maxfield

The start of a new semester is a chance to reflect on what went well (and perhaps not-so-well) last fall, and to set some achievable goals for the spring. Whether you have a brand new batch of classes or you're continuing in year-long courses or thesis projects, take this opportunity to orient yourself to the semester ahead and to plan for success. Snacks and freebies provided!

2:00pm-3:00pm, Library Lobby

Tour the Secret Library

Gay Walker '69 and Linda Maddux

Have you ever wondered where all those locked doors go? Why there are grotesques but not gargoyles? What are those strange collections up the spiral staircase in the Pollock Room? Let us take you on a tour of discovery. You can amaze your friends with your esoteric knowledge and learn more about your library home-away-from-home.

2:00-3:00pm, Vollum 120

Ze French Accente

Francis Delacroix and Alexandre Houalquere

If you want to learn 'ow to sound sexie, intelectuelle, and cyute, save ze French accente from ze Euro-trash and learn to speak like Brigitte Bardot, Jean-Claude Van Damme, ze French guy in ze Matrix, and Asterix.

2:00pm-3:15pm, L17

Using Digital Images: Tips and Tools

Angie Beiriger, Erin Conor, and Trina Marmarelli

Learn how to use Reed databases and other web resources to find images for papers, presentations, flyers, and more. We'll also demo image editing software, including fun and easy alternatives to Photoshop.

2:00pm-4:00pm, Vollum 126

Make Yourself a Job

Kevin Lynagh '10

In April 2011 I quit my job to freelance full time on technical graphic design projects (read: charts and graphs on the Interwebs).

I can't guarantee that you'll be able to pay your rent this way, but I can tell you how I've been paying mine.

Tips on: Finding clients, Setting rates, Negotiating projects

Getting people to fly you places

Starting a company Taxes + contracts + lawyers Activities to fill your now copious amounts of spare time

2:00-5:00pm, SU

Tie-Dye! - Day two

Sam Levin

Ever tie-dyed and lived to tell the tale? If not, you can this Paideia season! For those who don't know, tie-dying is a two day process. Day one: tying, dying, soaking your article of clothing, which takes up to half an hour. Then the waiting begins. Day two is for raveling and enjoying the pretty patterns. You will receive some nifty detergent to wash your garment with so the dye lasts long in its pattern! Be sure to bring your own white garment that's made from just cotton. There are alternative fabrics you can use, but cotton's the one most people including myself recommend.

3:00pm-4:00pm, Eliot 216 The Mythology of Dr. Who David Webb

Whether you've been gallivanting through time and space since 1963 or are still asking "Doctor Who?", drop by and learn about the world's longest running science fiction show. We'll cover the basics and watch a few clips, with topics to be covered including (but certainly not limited to) the show's monsters and villains, the various incarnations of the Doctor, how the show has changed in the almost 50 years since its first episode and the various continuity problems that have arisen in that span.

3:00pm-4:30pm, ETC 211

Tool Kollective Presents: How To Do Useful Shit--Sewing Edition Zuzu Ogden

Button fell off your shirt? Want to get those trousers to last a few more months? Want to make sure everyone knows that you really like Anti-Flag? Giant felt dinosaur costume anyone? Come learn how to wield a needle and thread with the best. We'll teach you some basic sewing skills and set up the machine for some advanced stitching. Heck you might even leave knowing how to hem something.

3:00pm-5:00pm, Vollum 116 Entrepreneurship 101: How to Fund a Startup Steve Morris '77 Do you think you might start a company some day? How would you fund it? We'll cover the range of startup funding options. The focus will be on companies with enough growth potential to be interesting to investors. From credit cards to friends-and-family to raising investment funds from angel investors and venture capitalists (VCs), we'll talk about what sources of capital are available at different stages of a startup's evolution, and answer questions like:

How does the angel and venture capital fund-raising process work?
What criteria must a startup meet to get serious attention from angel or VC investors?

4:00pm-5:00pm, Aspen Multi-Purpose Room

Get Your Nails Did

Whitney Tang

Have fun painting your nails fun colors/designs! Class will cover some nail art basics and some basic-medium designs (including space and floral and fruit ones). Or just come to paint your nails funky fun colors! Nail care tips will be discussed but it is recommended to show up with clean, trimmed nails.

4:00pm-5:30pm, Eliot 207

Conference on David Foster Wallace's Infinite Jest

Andrew Warren

For those who love "Infinite Jest" and want to pull apart a few of the many interesting aspects of the book with other Reedies. Come discuss entertainment, addiction, tennis, Quebecois terrorists, après-garde filmmakers, Subsidized Time and the Gentle administration, mental illness, and family (list not all-inclusive).

5:00pm-6:30pm, Psych 105

"The Molecular Microscope": How My Reed College Chemistry Education Taught Me to Visualize the Molecular Cause of Disease

Narayan deVera, M.D. '65

All metabolic diseases originate from particles of food that a person is allergic to. Food allergies are abundant. The allergic response is the release of steroids; and the steroids give a powerful, euphoric feeling to the body. The body gets addicted to the euphoria; hence, people become addicted to the foods that cause their diseases. The pathophysiology begins with an allergic particle (antigen) of only three amino acids. It continues along two branches; one branch follows the antigen before it reacts with antibody, and the other branch follows the antibody molecule after it has reacted with antigen. The former manifests as high blood pressure and atherosclerosis while the latter manifests as a wide variety of conditions from acne to cancer to psoriasis and ulcers. Three methods are given for determining one's personal food allergies: pulse counting, pendulum rotation, and muscle testing.

A copy of The Molecular Microscope will be provided to each person attending this class.

6:30pm-8:00pm, Sports Center Pool

Learn how to kayak roll and other basics of kayaking Kate Daniel, Resident Director and Kayak PE Instructor CNN has recently highlighted some pretty epic whitewater expeditions and extreme plunges off waterfalls with heights surpassing 100 feet. None of this epicocity would ever be attempted without first learning the basics of paddling, namely the kayak roll. In this course, students will be introduced to the basics of kayaking with specific emphasis on the kayak roll. Instruction and support will be given on methods of self-rescue including how to safely get out of your kayak once capsized and how to right yourself while staying in the kayak (YouTube "kayak roll"). Please come prepared to get wet (i.e. bring a swimsuit or other water attire). Limited to first 10!

6:30pm-9:00pm, Bio-19

Wizard People, Dear Reader

Alex Dunn

Join us for the second annual screening of Wizard People, Dear Reader! Our boy HP smashes up Hogwarts with Ronnie the Bear and the Wretched Harmony while snow falls like angel shit. FUCK YES.

7:00pm-8:00pm, Dance Studio

How to Dance like a Greek

Jim Kahan '64

This short course will present four Greek folk dances that I have danced in Greek tavernas and other public events where Greeks dance (in Greece). These will include the "Syrtos" (a national dance), the "Syrtos Chaniotikos" (the Cretan version of the syrtos), the "Hasapikos" (also known as "Syrtaki" and commonly if not totally accurately associated with Zorba), and "Zeibekikos" (a fascinating dance in a strange rhythm that is a favorite with real Greeks). The first three are done in a line, while the last is a solo dance that is almost completely improvisional within a basic structure. These dances are perfect if you are planning on backpacking in Greece sometime soon or going to somebody's big fat Greek wedding. No experience required.

7:00pm-8:30pm, Library Lobby Using Scrivener within the Writing Process Rory Bowman '90

Programs such as Microsoft Word were designed to replace typewriters, not for efficient research or writing. Brief discussion of how such programs make typing simpler but inherently get in the way of complex writing. Introduction to idea of "the writing process" with a discussion of how newer writing programs such as Scrivener can make complex writing tasks simpler. Basic overview of the writing process and using Scrivener for research, outlining, organization, revision and export to more conventional programs (such as Word) near the end if needed. Useful for folks planning or coordinating complex writing projects. Must have IRIS login.

7:00pm-8:30pm, Chapel

The Ladd and Reed Legacy

Richard Ross '69 and Mike Teskey

The Ladd and Reed Legacy explores and celebrates the lasting impacts of two remarkable Oregon pioneer families on Portland's development, over a century and a half. William S. Ladd was Portland's most prominent 19th Century business and civic leader, and Simeon Reed was Ladd's foremost business partner and friend. Ladd and Reed shaped Portland and the Northwest by joint ventures over four decades, in public service, steamboats, telegraphs, macadam roads, model farms, railroads, and iron. Ladd and Reed both arrived in Portland in the 1850s, starting as pioneer liquor dealers, and served on the City Council in the crude frontier village known as "Stumptown". Their sturdy spouses, Amanda Wood Reed and Carolyn Elliott Ladd emigrated together by sea from Boston in 1854 and became lifelong friends. Richard Ross '69 MAT, is a local planner who has done extensive research on the impact these two families had on the city's development.

8:00pm-1:00am, Sports Vans Tuesday Blues Vans Trip Chris Cogell A vans driven trip off-campus to Tuesday Blues - a weekly blues dance in Portland. First-time is free! Free lesson before dance!

8:30pm-10:30pm, Eliot 103 UV Graffiti Matthew Lambert Come make non-permanent UV reactive paint from common household items. The class will start with a short explanation of the physics of florescence and explain where it can be found in our daily lives. We'll then work together to make UV "paint" out of laundry detergent, fabric brighteners, and highlighters. We'll also look at some commercially produced "invisible" paints that are only visible under UV. Then we'll cover Reed Campus in awesome (but nonpermanent!) graffiti that's nearly invisible – until you look for it with a blacklight. Please bring a blacklight if you own one. If you don't, this class may make you want to buy one.



WEDNESDAY, JANUARY 18th

10:00am-11:0am, Language Lab

Online Resources for Language Majors/ Enthusiasts: Russian Alexandra Primiana

Continual practice is key to a better understanding and an ultimate mastery of any language. Any interested language majors (or language enthusiasts) should come by the Language Lab during Paideia to learn of useful and interesting online resources that could help in perfecting a foreign language. Each day will be dedicated to one of the languages taught at Reed: German, Spanish, Russian, Chinese, French. We'll be looking at grammar and vocabulary specific resources, as well as online tools designed for better study. We'll also be looking at research, cultural, and literary resources that might prove invaluable in the more advanced language courses.

10:00am-11:30am, ETC 211

Using Scrivener for Textual Analysis Rory Bowman '90 Technology has revolutionized the liberal arts by making production, collaboration and publishing much simpler. Tools which can be used to build complex texts can also be used to analyze them, and Scrivener is one such tool. See how the computer program Scrivener can be used to import, divide, organize, research, annotate and otherwise work with complex texts. Useful for folks whose academic work involves revisiting any conventional text in depth.

10:00am-11:30am, L14

Rare to Medium Rare Books

Gay Walker '69

Illuminated manuscripts and early printed books, antiquarian maps and Simeon Reed's dog's collar. Come see behind locked doors and between the most rare and intriguing covers. Calligraphy and scrounger trading cards, fore-edge painting and the Beat Poets. View highlights from the library's special collections! 12 people max.

10:00am-12:30pm, Aspen Kitchen Food Self-Sufficiency II - Food Preservation by Canning and Drying Seth Douglas We'll talk about canning safety and basics, put up a couple of things, and build a couple basic solar food dehydrators. Attendance at part I not necessary for attendance at part II.

10:30am-12:00pm, Vollum 118

Poetry Submissions 101

Brittney Corrigan-McElroy

Learn how to submit your poetry to print and online journals for publication. We'll cover the basics of cover letters, submission etiquette, researching the best markets for your poetry, and managing your submissions. We'll also discuss the standard publishing industry process for poetry – from individual poems in journals, to chapbook publication, to submitting a full-length collection. Taught by Brittney Corrigan-McElroy, Academic Special Events Coordinator in the CEP office, Reed class of 1994, and published poet. (http:// brittneycorrigan.com/)

10:30am-12:00pm, GCC-CD

McGill Lawrence Summer Internship Award Info Session Julie Kern-Smith and Fawn Livingston-Gray

Working on a McGill Lawrence Summer Internship proposal? Join us to get information about sharpening your proposal. For more information on this award and opportunities to apply to fund amazing summer 2012 work, visit the McGill Lawrence Summer Internship Awards page at http://web.reed.edu/career/students/mcgill_instructions.html.

11:00am-11:45am, Eliot 207 Das Shit Presents Denim Talk: Know Your Shit Natalie Farnham and Cody Melcher The Denim Appreciation Society Swag Heavy Indigo Trousers (DAS SHIT) presents an informative talk followed by a Q&A session. Topics will include raw, waxed, soaking, selvedge vs. non-selvedge, etc.

11:00am-12:00pm, M-Lab (ETC) Making Your Movies Better Tony Moreno Learn some tips to improve your videos. We'll cover lighting, recording, equipment, editing techniques, and other tips. Feel free to bring in a video to critique.

11:00am-12:30pm, Eliot 121 Reporters' Bootcamp Chris Lydgate '90 Do you dream of being a foreign correspondent for the /New York Times/? Breaking the next Watergate? This two-day workshop will introduce you to fundamental concepts in journalism. What is news? How do you chase a story? Write a story? Bulletproof a story? Presented by former newspaper journalist Chris Lydgate '90. Strongly recommended for aspiring Quest reporters. Sponsored by the Quest.

11:00am-1:00pm, Vollum Lounge The Sex Ed You Wish You Had in High School (Part II) Unitarian Universalist Group, Kayla Sheridan Our Whole Lives, the result of seven years' collaboration by Unitarian Universalists and the United Church of Christ, is a comprehensive sex education program with a holistic view of sexuality that includes an adult program. O.W.L.trained teachers will be on campus offering two workshops, answering all the questions you ever wanted to ask.

11:30am-1:00pm, SU

Tool Kollective Presents: How To Do Useful Shit – Home Edition Zach Babb

Ever wonder how to build a table or a book case? Got a door that won't quite close? Toilet running all the time? Got a new shower head, but don't know how to put it on? Learn how to use some basic tools like drills, saws, and vice grips to accomplish useful stuff around the house. Tools will be provided as well as basic safety training.

12:00pm-1:00pm, Vollum 110 A Complete Guide to Printing

Tim Peever '07

You have something you made on your computer— a poster, a brochure, a flyer, maybe just your thesis. What's the best way to print it out? And where should you go to do that? I will offer you my five years of experience working at a print shop, and tell you how to avoid the mistakes I see people make every day. Learn what things like CMYK and bleeds are, and why you need to care about them.

12:00pm-3:00pm, Gray Lounge (Kaul)

No-Limit Texas Hold'em

Nicholas Padinha

Come play tournament poker! Entrance is free and open to the first 100 who show up. After a brief rundown of the rules of the game and tournament etiquette, we'll start the games. The top ten finishers at the end will receive fabulous prizes! Prior experience with or knowledge of Texas Holdem is not required.

12:30pm-4:00pm, Bio-19

UK Attacks Children's Democracy at Summerhill School Don Berg

Come see how BBC4 dramatized the attempt by the British government in 1999 to shut down the oldest children's democracy in the world, Summerhill School founded in 1921. The movie was written by a Summerhill graduate for a children's audience using a Peter Pan vs. Capt. Hook theme for the school's issues which are interspersed with the stories of Maddy and Ryan, two new students with their own personal and family problems. It was filmed on location at the school with actual students as extras. After the screening we will discuss Summerhill, democratic education and, hopefully, representatives from the Village Free School, a local democratic school who are being invited to attend as a field trip, will give us a sense of perspective about how it actually works for them. Don Berg, your host, has studied Democratic Education for years and is a volunteer at the Village Free School.

1:00pm-2:00pm, Eliot 121

Tea Club Presents an Exploration in Oolong Tea

Christian Acuna and Wendell Britt

Join Tea Club for a beginners class exploring a wide variety of Oolong teas from Taiwan and China. Additionally, enjoy some home made Oolong flavored ice cream. Bring your own tea and accessories to share and show off.

1:00pm-2:00pm, Vollum 116

You Don't Know You're an Asshole: A Guide to Life Outside the Bubble Tim Peever '07

Reedies frequently have a bad reputation in the greater Portland area. Come find out why, and how you can learn to be a decent human being. Also learn how to deal with how horrible the outside world is, and why it will never not be horrible.

1:00pm-2:00pm, Mat Room Beginning Partner Acrobalance Gray Davidson Ever wanted to climb on your friends, stand on their shoulders, all of it without using your hands?

1:00pm-2:00pm, M-lab Final Cut X - WTF?! Tony Moreno See what's changed with the latest version of Apple's video editing software. Get some tips and techniques to make editing easier.

1:00pm-3:00pm, Vollum 126

Words Will Never Hurt Me

Kristin Holmberg, Dayspring Mattole, Santi Alston, Soudea Forbes Have you ever asked someone "where are you from?" Is the question innocent or an insult? Microaggressions have been defined as brief verbal or behavioral actions that communicate hostility. Join us for a conversation that explores how microaggressions impact others and

how ALL of us can build a more inclusive community. Co-sponsored by Student Activities' Leadership and Involvement Series and the Multicultural Resource Center.

1:30pm-3:00pm, SU Play 220: Rope props and how to move with them Rachel Cole-Jansen An introduction to props that feature ropes, particula

An introduction to props that feature ropes, particularly rope dart. The focus of the class will not be on specific tricks but rather general techniques and ways of working with ropes. Please bring your own rope dart if you have one, or more if you have enough to share with others. Some rope darts will be provided.

2:00pm-2:45pm, Eliot 416 Extreme Metal 102: Black Metal Ethan Pettyjohn

What's the difference between Death Metal and Black Metal? Death Metal's the same thing as Screamo, right? Isn't it all just noise anyway? Find out the answers to these questions and more in this three-part lecture series on the extreme subgenres of heavy metal music. This lecture will focus on the Black Metal subgenre, its history and influences, and some of the techniques involved in playing it.

2:00pm-3:30pm, L14 Rare to Medium Rare Books

Gay Walker '69

Illuminated manuscripts and early printed books, antiquarian maps and Simeon Reed's dog's collar. Come see behind locked doors and between the most rare and intriguing covers. Calligraphy and scrounger trading cards, fore-edge painting and the Beat Poets. View highlights from the library's special collections! 12 people max.

2:00pm-4:00pm, Physics 123

Palmistry: You and your Hands

Lydia Clark

Ever wondered where your lifeline is? Curious about what can be interpreted from your or your friends' hands? Come learn about the ancient art of palmistry! The first hour will cover basic topics including major lines, types of lines, types of hands, finger length and shape, and basic interpretation. The second hour will cover more advanced topics such as the different mons, the importance of texture and temperature, special lines and markings, timing, proportion and special adjustments. Questions will be taken throughout. At the end there will be an opportunity to read each other's hands (or your own) with opportunities to ask questions of the teacher. Consider bringing a flashlight, magnifying glass and sharpened pencil if you have them, but no equipment is necessary. No matter your level of skepticism, palmistry can be a new way to gain insight into your personality and is a fun activity with friends!

2:00pm-5:00pm, VLH

Tolkien's Quenya

Michael Faletra

J. R. R. Tolkien, author of The Lord of the Rings and Oxford philologist, invented dozens of fictional languages. Of these, the one that engaged him the most – and the one on which he lavished the most loving and sustained attention – was Quenya, the language of the High Elves. In this class we will examine the history, grammar, vocabulary, and writing system of Quenya, with an eye toward acquiring some basic written and spoken competency. Handouts will be provided.

2:30pm-4:30pm, Mat Room

Learn How to Cartwheel

Joy Contreras and Alaïa Giglio

Have you ever been so excited that you wished you could do a cartwheel? Join us! You'll start with some basic skills and eventually work up to performing a cartwheel. Please wear comfortable workout clothes and bring a positive attitude and a water bottle. Capped at 15 participants.

3:00-4:00pm, GCC-CD

What's So Great About Being a House Advisor?

Nayland Olsen, Britt Q. Hoover, Amy Schuckman, and a few HAs Why do around 100 people apply to be an HA every year? Is it the pay? Is it the instant group of friends?... Or could it be something greater? Come to this session to find out what it is like to be an HA, and get any and all of your related questions addressed by Residence Life professional staff and real-life HAs.

3:00pm-4:00pm, SU

Poi 303: Tosses and Tricks

Julia Harrington

A variety of tosses and tricks for poi spinners with a grasp of the fundamentals (bring your own poi).

3:00pm-4:30pm, Winch Ze Cheez of ze France and 'ow to eat eet

Francis Dieterle and Alex "Squetchie" Walker

Reed's two finest cheese-tasters are back to teach YOU about the most delicious, odiferous cheeses in France! Learn the etiquette and peasures of cheese from the most benign brie to the raunchiest roquefort. Short etiquette lesson followed by tasting. SHOW UP ON TIME.

3:00pm-4:30pm, Spanish House Kitchen

The Joey

Katelyn Best

The Joey is a bacon hamburger. No, it's not a pussy-ass regular hamburger with bacon on top of it. It is a hamburger made of bacon. YOU WANT THE JOEY IN YOUR MOUTH. Limited to 15 people.

3:00pm-4:30pm, Vollum 134

Crosswording: An Overview

Max Carpenter

This class will consist of an ample background of the history, culture, and fundamental rules - exceptions included - surrounding crosswords and other puzzle types. Depending on the audience that shows up (i.e. whether it's all professional puzzlers or just people who have piqued interests) I will allot a good portion of the class to teaching puzzle creation/appreciation. All of this will be spliced with examples of some of the most inspirational puzzles I know, clips from documentaries, maybe some crowd participation, etc. Any questions about crosswords and the like are encouraged and hopefully answerable!

3:00pm-5:00pm, Eliot 121

Free Pastries for Stories

Gray Davidson and Kara Sowles '10

You come, tell us a story, and receive a pastry for your efforts. Personal and authentic stories are especially encouraged, but all stories are loved and welcome. All stories receive a pastry regardless of quality. Visitors will wait outside and enter when it is their turn to tell their story and collect their pastry. If you're down for us to record them, we'll have a video camera and masks on hand for the anonymous. Visitors who are comfortable with being recorded will have their stories made available as part of an art project to document stories. Everyone is encouraged to swap stories waiting in pastry line for maximum enjoyment. Drop by at any point during the time block to tell a tale and reap the delicious benefits.

3:30pm-5:00pm, Eliot 207

Tool Kollective Presents: How to do useful shit - Electrical Edition Zach Babb

Want to add a dimmer switch for some atmosphere? Ever wonder why some plugs have two prongs and others have three? Want to learn how they make those Christmas light shows set to Slayer? Come get a primer on electricity and you. We'll go through some home electrical basics (including how not to die), and then we'll get into some electronics. We'll also fire up the soldering iron and make some lights blink.

4:00pm-5:00pm, Vollum Lounge

How to be Kanye

Erika Kurth and Andrew Choi

We know it's your Beautiful Dark Twisted Fantasy to be Kanye West, and that's why we're giving you the Power. We'll provide the Kanye crafts, Flashing Lights, Kanye West videos, and maybe even some Drunk And Hot Girls. You provide the yeezy attitude.

Hate the Kanye West lifestyle? How could you be so Heartless?

4:00pm-5:00pm, Psych 105

Comparative Drug Policy

Rachel Cole-Jansen

Death penalty for drug traffickers? Safe injection sites for heroin users? Complete drug decriminalization? The world has a lot to offer us in terms of comparative work in drug policy to see what works—and what doesn't. This class provides an overview of policy in the US and around the world, with an emphasis on the relative efficacies of different approaches given their particular contexts but also with some attention to international trafficking and other ways in which the policies of some countries may affect drug-related problems in others.

4:00pm-5:30pm, Sitka Kitchen

Don't Lick the Spoon: Adventures in Edible Chemistry

Galen Miley, Ilsa Kirby, and Kayla Sheridan

This Paideia, we—a small band of culinarily inclined chemists—set forth on a crash course in deliciousness: focusing on texture modification, clarification, and spherification, this introduction to molecular gastronomy promises to challenge your understanding of food, flavor, and the limits of liquid nitrogen. Gather your courage, your goggles, and your spoons: science just got tasty.

4:00pm-6:00pm, North SU loft

Protest and Street Tactics Blue Heron Infoshop Learn about different protest methods and tactics for street demonstrations! This class will look at protests throughout history as well as analyze forms of activism in the context of radical theory. Sabotage! Barricades! Black bloc! Sitins! Check it out!

4:00pm-7:00pm, GCC-CD Settlers' Tourney Sara Bahmanyar

Hey Reedies, I know a lot of us love a good game of Settlers of Catan so here is a great chance to play a couple in a relaxed atmosphere with no prizes, simply playing for the enjoyment. There will be 4 or 5 boards going on with hour-long games and players will rotate, so it is also a opportunity to meet Reedies you haven't met before over one of those Settlers boards.

6:00pm-8:00pm, Psych 105 Blues Music from the Soul of History Mark Buford and Kevin Selfe A lecture by Mark Buford on the history of blues music in America, assisted by Kevin on the guitar, playing from around the country and across the century.

7:00pm-8:30pm, Vollum 134 Basic Business and Organizational Planning Rory Bowman '90

Many Reedies find themselves in business or organizational development with no formal training, where they re-invent wheel or make avoidable mistakes. An introduction to business planning using the "four cornerstones in three stages" model, which can be applied to other projects involving people and cash flow. A brief overview of business basics and how the "cornerstones" of vision, talent, capital and systems ideally progress through organizational, feasibility, planning and implementation stages. Better systems thinking and planning can help you change the world with less (avoidable) frustration, wasted time, tears and bankruptcy.

7:00pm-8:45pm, Bio-19 Reedies for Sexual Health Awareness presents No Woman No Cry; A Documentary by Christy Turlington Burns Audrey Lorberfeld Please join Reedies for Sexual Health Awareness, formally known as 'VOX' for a showing of Christy Turlington Burns's and Planned Parenthood's new documentary called 'No Woman, No Cry'. In what promises to be an incredible film experience, Christy Turlington explores the worlds of at-risk pregnant women in four parts of the world: a Maasai tribe in Tanzania, a slum in Bangladesh, a post-abortion care facility in Guatemala, and a prenatal care clinic in the USA. The film's goal is to raise awareness about maternal mortality and maternal health care (or the lack thereof) around the world (you can learn more about the issues, watch the trailer, etc. here:<u>http://</u>

<u>www.everymothercounts.org/issue</u>). We'll have a quick Q&A / discussion after the film for whoever wants to stay and chat. There will be popcorn and soda provided. So come, relax, learn a little something and increase your awareness! <3 Reedies for Sexual Health Awareness

7:00pm-11:00pm, Chapel

Unlock the Secrets of the Drunken Master: Kung Fu Movie Night Noah Muldavin and Francis Dieterle

It was so fun last year, we had to do it again! Come for a night full of revelry as we enjoy the corny sound effects, awesome fight scenes, and general ridiculousness of Kung-Fu Movies. We'll begin training with Jackie Chan's The Legend of Drunken Master. Once we've learned the style of the Drunken Master, we'll hone our skills with other awesome kung fu movies until we're seeing karate chops in our dreams. Stay the whole night and you too could become a drunken master!

8:00pm-10:00pm, Eliot Circle

Cognitive Science Pub Night

Daniel Fennelly

Come join us at the Pub at the End of the Universe for a lubricated discussion of Andy Clark's essay "The Presence of a Symbol." Do we need explicit symbols in a theory of mind? Do connectionist architectures better capture how thought works? What does it mean to be situated in a world? Can we even make any headway into such matters? All these questions and more will be addressed! (This essay can readily be found online or in the collection of essays edited by John Hagueland called "Mind Design II." Anyone unable to obtain a copy via these means should contact Daniel Fennelly at <u>daniel.fennelly@gmail.com</u>) Anyone (21+) with an interest in the middle ground between philosophy, psychology, and neuroscience is welcome to join us.

8:30-10:00pm, VLH

RSSC 101: Guns

Ty Marbut '11

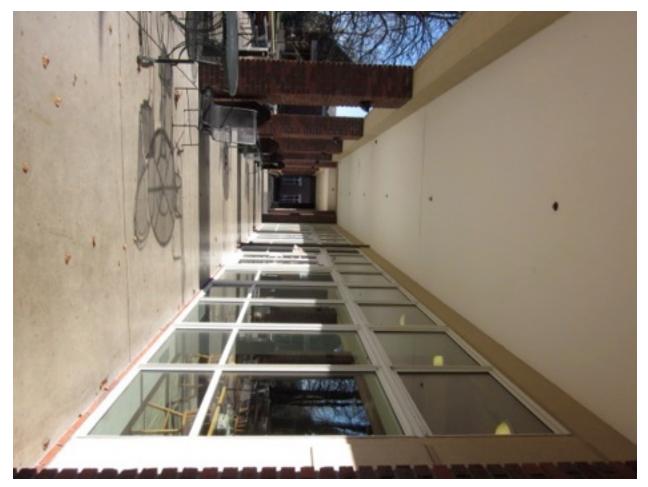
The course will focus on safe gun handling and shooting for the unfamiliar (refresher for the familiar). We will address topics including types of firearms (and their historical evolution), the mechanical function of a firearm and ammunition, safe handling and storage of a firearm, and accurate, ergonomic shooting techniques. The course is geared at getting students into a comfort zone with firearms, allowing them to handle guns safely and begin learning to shoot them accurately. The course will cover official training standards, as well as providing a personal practice regimen. If you are afraid of guns, PLEASE attend this course.

10:00pm-12:00am, SU

Zombies Vs. Humans

Su Liu (Tir Na Nog)

The dead have risen and now the last human survivors must fight for their very lives as they seek a way to defeat the zombie menace. Will you bravely fight for the survival of the human race or will you fall and join the zombie horde that threatens to engulf the world?



THURSDAY, JANUARY 19th

9:00am-12:00pm, Chinese House Bāozi I: Mad Chops

Natalie Farnham and Christian Acuna

Join the Chinese Culinary Club in its traditional bāozi (steamed buns) cooking series. This first class will focus on dough and ingredient prep. Limited to first 10 people.

10:00am-11:00am, Language Lab

Online Resources for Language Majors/ Enthusiasts: French Alexandra Primiana

Continual practice is key to a better understanding and an ultimate mastery of any language. Any interested language majors (or language enthusiasts) should come by the Language Lab during Paideia to learn of useful and interesting online resources that could help in perfecting a foreign language. Each day will be dedicated to one of the languages taught at Reed: German, Spanish, Russian, Chinese, French. We'll be looking at grammar and vocabulary specific resources, as well as online tools designed for better study. We'll also be looking at research, cultural, and literary resources that might prove invaluable in the more advanced language courses.

10:00am-11:30am, Vollum 134

Writing to Plan

Rory Bowman '90

What do you really want in life and how are you going to get it? Who are you and who would you be when you die? Basic writing tools for self-knowledge, visioning, planning and time management. Techniques to chart out roadmaps for yourself and projects between here and the grave.

10:00am-11:30am, Bio-19

DIY ALANA presents: Islam in the West

Alex Cherin

Ever wonder what an ethnic studies class would look like at Reed? DIY ALANA presents a lecture series about "Islam in the West." Kambiz GhaneaBassiri and Paul Silverstein are going to present lectures on the topic.

10:00am-12:00pm, GCC-BCD

Team Building/Challenge Course

Kyle Webster and Melissa Osborne

A series of challenge course elements will help people see how to build a team and how they interact in a team.

11:00am-12:30pm, Library Lobby

Artists' Books

Gay Walker '69

What is an artist's book? See the amazing variety of artists' books in the library's special collections. We will look at a wide range of book creations made by artists, and some by Reed students, from the 1960s to the present. Presented in the Pierce Room behind the locked door on lower level one. 15 people max.

11:00am-12:30pm, Vollum Lounge

Working Towards: Managing Stress, Distress, and Overwhelming Emotions Marina Valdez, Ph. D.

This workshop will introduce elements of mindfulness-based therapy and Dialectical-Behavioral Therapy modalities that have been empirically shown as

effective for managing stress, distress, and overwhelming emotions. The class will begin by discussing fundamental mindfulness skills; briefly explore self-care, distress tolerance, and emotion regulation skills; and end with a 20 minute relaxation grounding technique. This workshop will be 90 minutes in length.

11:00am-12:30pm, Vollum 116

Bayes' Theorem: The Secret of the Universe

Sam Liebow

Want to know why extraordinary claims require extraordinary evidence? Or why, exactly, you should change your mind less in response to a biased source? Or why the chance of getting the right result from a cancer test depends on who takes it? There's one answer to all of these questions — Bayes' Theorem! A simple formula for combining new information with what you already know, Bayes' Theorem has applications everywhere, from law to medicine to psychology to philosophy of science and epistemology. This class will introduce and explain the formula itself, then give a whirlwind tour of some of its non-technical applications. No math background whatsoever required.

12:00pm-4:00pm, SU

Play 230: Silks

Jessica Dennis

A beginning class in aerial acrobatics. We will be focusing on aerial silk, covering climbing, foot locks, and hip-key. In addition, this class will cover basic conditioning and stretching. We will also explore the effects of the conservation of angular momentum. All strength levels are welcome, no prior experience necessary, other Play courses are not required.

12:30pm-2:00pm, Eliot 207

Tool Kollective Presents: How To Do Useful Shit--Wiring Edition Peter McTigue and Zach Babb

Don't know your HDMI from your USB? Is that projector composite or component? Want to pick up some speakers on the cheap, but not sure how to get them to make any noise? Wondering why they call it wireless when you need a coax, ethernet, and two power cables before anything works? Come learn how to wire up your home like a pro. We'll take a look at your TV, your home network, your stereo, and teach you how not to rage at your technology.

1:00pm-2:00pm, Vollum 118 Nicaragua Service Project Renata Barreto Do you want to volunteer and travel this summer? Consider joining the nonprofit organization, Tapalwas Inc, in a service project in the heart of Central America. We will be going to Tapalwas, a rural community in Nicaragua, to help build a volunteer center and to teach English and computer classes. It will be an opportunity to serve a community in need, improve your Spanish skills (or even begin learning the language), and enjoy the untouched beauty of this tropical country. Come learn more! Tasty snacks will be provided.

1:00pm-2:30pm, Aspen/Winch/GCCs/Student Center?

Animal Assisted Therapy and Rojo the Llama!

Eleanor Kinney

Meet Rojo the llama! He's really cute and sweet and loves people! Lori G. and another trainer will be visiting us from the Mountain Peaks Therapy Llama farm, home of the first four registered therapy llamas in Oregon--and two of their certified handlers. Come meet Rojo (he's huge!) pet him, learn about the process, and even get some animal-assisted therapy, a modern and creative approach to treating PTSD, depression, and anxiety. From nursing homes, to group care facilities, to our very own campus, Rojo changes lives, and you don't want to miss it :)

1:00pm-2:30pm, ETC 211

Google Docs for Collaborative Planning

Rory Bowman '90

Complex projects such as team papers, business plans or operation manuals often involve many people over time. Collaborative environments such as Google Docs are useful for these because they require minimal training and can be archived or exported easily. Using a basic business plan as the model, this class will go over ways that complex projects or organizational flows can be managed for collaboration over time using forms, figures, tables and text within one or more shared folders. In addition to basics of team collaboration within Google Docs, this class will cover basic elements of writing a business plan. Must have IRIS login and a Google (gmail is fine) account.

1:00pm-2:30pm, Vollum 134 Reporters' Bootcamp Chris Lydgate '90 Do you dream of being a foreign correspondent for the /New York Times/? Breaking the next Watergate? This two-day workshop will introduce you to fundamental concepts in journalism. What is news? How do you chase a story? Write a story? Bulletproof a story? Presented by former newspaper journalist Chris Lydgate '90. Strongly recommended for aspiring Quest reporters. Sponsored by the Quest.

2:00pm-3:00pm, KRRC One Man Bands to Quintron and Beyond!!! Rosalind Lewis A history of one-man bands and their music, methods, and motivations.

2:00pm-3:30pm, L14

Rare to Medium Rare Books

Gay Walker '69

Illuminated manuscripts and early printed books, antiquarian maps and Simeon Reed's dog's collar. Come see behind locked doors and between the most rare and intriguing covers. Calligraphy and scrounger trading cards, fore-edge painting and the Beat Poets. View highlights from the library's special collections! 12 people max.

2:00pm-4:00pm, Eliot 103 Come Ye Fools: A Tarot Intensive Stella Jones

I've been reading tarot for 11 years, and recently have gotten excited about the prospect of spreading my knowledge to others! Whether you think tarot is totally real or total bullshit, this class should have a lot to offer you, though an open mind and positive attitude are encouraged if not required. Like most esoteric practices, the tarot is most effectively understood and practiced when you are willing to respectfully engage with it.

Over the course of the class, which I expect will last for about two hours, we'll cover the narrative of the major Arcana, the narratives of each of the four suits, symbology and individual card meanings, different spread alignments, how to read reversals, and a wee bit of tarot history, as well as tips and tricks for remembering card meanings effectively and becoming literate in the tarot quickly. I'll also be discussing different perspectives on the tarot, from readings of the cards as a legitimate divination technique to the tarot as a a form of psychoanalytic practice or a handy narrative device (think Italo Calvino's The Castle of Crossed Destinies). I will bring my own deck, and if you own one I encourage you to do the same! Finally, while I will be giving a few readings during class time in order to demonstrate how card meanings are synthesized, I will probably limit the amount that I give to one or two--this class is more about teaching you guys to conduct your own readings than getting read yourselves. Trust me, the former is much more interesting anyway.

For more information and background reading, please email me at sjones at ourschool--I'll be referencing a text a lot which is fortunately available in PDF format, so I'd be happy to send to you before or after class!

2:00pm-5:00pm, Spanish House Kitchen

Piedeia I: Basic Procedure

Alaïa Giglio and Lizzy Lindboe

Ever wanted to learn to bake a pie? Now you can, guided step-by-step by experienced pie-lovers. Choose a crust, choose a filling, bake, and eat! Options include apple, strawberry-rhubarb, pumpkin, chocolate pudding, and ice cream pie (with chocolate on top!), with traditional, oreo, or vegan crust. More advanced or high-aspiering pie-makers, see also Piedeia II!

2:30pm-5:30pm, GCC-BCD

Bāozi II: Hot Steamy Sesh

Natalie Farnham and Christian Acuna

In the second installment learn how to roll, stuff, 'n steam those buns. Limited to first 10 people.

3:00pm-4:30pm, North Parking Lot

Tool Kollective Presents: How To Do Useful Shit - -Car Edition Zach Babb

Got a flat tire? Car won't start because you left the lights on? Driving with only one light? Don't know what to do when the oil can light comes on? Come learn some (really) basic car knowledge with Tool Kollective. We'll be changing a tire, checking the oil, and jumping a car at the very least. We'll also take a look inside and see what we can find out.

3:30pm-5:00pm, Vollum 116

The Right Way to Help a Friend Get Lucky

Jyl Shaffer

The Wingman. Bro Code. The Sidekick. American culture is full of references to the person who goes out with the express purpose of helping a friend get lucky. Let's talk about how to be a wingman (or wingwoman or wingperson), from what it really means to help a friend, what role you play in ensuring said action is safe and consenting, and what to do if your friend crosses the line. Please note: there is the strong possibility of references to Star Wars, Lord of the Rings and, if you're nice, Dr. Who.

4:00pm-5:00pm, Quad

The Storming of the Bastille: A Historical Reenactment Harrry Fukano and Erika Kurth "Liberté! Égalité! Fraternité!" From the minds that gave you the epic reenactment of the Battle of the Alamo last Paideia, we bring you yet another fateful moment in history—the Storming of the Bastille! Brush up on your French accent, join the Revolution, and get ready for more action-packed history, bourgeoisie-style.

4:00pm-5:30pm, SU Didgeridoo and Circular Breathing Alan Baur Is your snoring keeping your partner up? Come learn didgeridoo, proven to help reduce sleep apnea (snoring).

5:00-6:00pm, Psych 105 Psychology/Physics of Music 101 Gray Davidson

I've been studying diverse topics in psychology, physics, and music since before I enrolled at Reed, and I'd like to share some of my knowledge with you. This is a lecture class - a laypersons's account of what is happening when you hear music. While of necessity this class will be somewhat superficial, it should give you a sense of how sound is created and characterized, how we hear it, how we process it, and delve briefly into some of the reasons music sounds good to you.

5:00pm-6:00pm, Vollum 134

Wine 101

Katelyn Best

Buying and enjoying wine can seem intimidating, but actually it's fun and tasty. Jerry McGinn from Woodstock Wine and Deli will come show you some basics and you'll get to taste seven or eight wines from their selection. 21 and over only. There will be an ID checker at the door. Limited to first 15 people!

5:30pm-7:30pm, Winch Bāozi III: Feast Natalie Farnham and Christian Acuna Hot buns. Free food. Be there. (Vegetarian options available)

6:00pm-9:00pm, SU Zombies in my S.U.

Jacob Kopczynski/ARG

You are in a house. So are zombies. Goal: survive. A game played with life-size pieces (that's you) on a giant board created as you explore.

6:30pm-9:00pm, Bio19

RSSC 301: Tactical Implementation

Ty Marbut '11

Suggested prerequisite: RSSC 101. This course will focus on how, when, and why you can tactically use handguns. This includes five basic subtopics: How you may tactically possess a handgun (How do people carry, store, and deploy handguns?), how you may legally possess one, how you can tactically use it (post-deployment techniques and information), how you may legally and morally use it (When is lethal force warranted?), and a discussion period. The course is a must for anyone who would like the option of armed resistance, whether or not you plan on using it. This course, with RSSC 101, also generates credentials recognized by the State of Oregon and many other states - more about this in class.

7:00pm-8:30pm, Mat Room

Ki and Aikido

Daniel Peterson '91

Learn coordination of mind and body through the the application of Ki Principles. Ki training provides skills for relaxation, calmness, concentration, personal health, and positive interactions. We will practice a variety of exercises for coordination of mind and body for use in daily life and the martial art of Aikido. Wear loose-fitting clothing, or borrow a gi from The Cage.

7:00pm-8:30pm, Vollum Lounge

Rape Culture and Reed

Rory Bowman '90, Emily Corso '10, Jyl Shaffer

A general discussion about how the issue of sexual assault has been discussed and addressed at Reed since the mid-1980's to help reflect on what we can learn from past efforts and how to translate those into progress for 2012 and beyond. Featuring alumni Emily Corso '10, Rory Bowman '90 and Jyl Shaffer. Jyl is Reed's new assistant dean for sexual assault prevention and response. Emily teaches women's self-defense at Alive Mixed Martial Arts and has an MMA fight in Salem the next Saturday. Rory was active around "men's issues" at Reed in the 80's, a CSO in the early 90's and currently promotes more mature masculinity with The ManKind Project. Basic familiarity with the work of Brownmiller, Warshaw and the Duke lacrosse scandal would be helpful but is not necessary.

7:00-9:00pm, Psych 105 The Law and Your Ass Bear Wilner-Nugent, '95 and Andy McLain '92 What should you do – and, more importantly, not do — if you are Getting Hassled by the Man? Andy and Bear, alumni lawyers with broad experience in criminal defense and related fields, will give you a hilarious but accurate overview of your rights and how to exercise them. We welcome questions and are glad to make confidential referrals for real-world legal problems. Even if you think you will never have trouble with authority figures in your life (a doubtful proposition), come to hear an update on the state of the constitution.

7:00pm-9:00pm, GCC-A

Emily Due

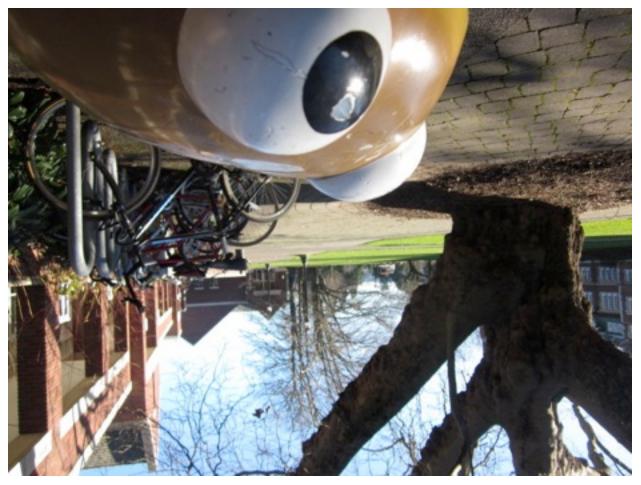
Rosehip Medic Collective presents: Safe and Healthy in the Streets Learn how to keep yourself and your friends safe when participating in protests, demonstrations, and actions! Protect yourself against chemical weaponry used by police, learn what to bring to a protest, and practice basic first aid techniques to use during actions. The movement needs you safe and healthy!

8:00pm-9:30pm, VLH

Here, There and Everywhere: Where the Beatles' music came from Dr. Demento '63 We'll listen to the skiffle, R&B and pop sounds the Beatles grew up with, and

learn how they influenced and inspired the Fab Four to create their own wondrous music.

9:00pm-12:00am, GCC-BCD Homer's Hut Cook-off Jeffrey Blum, Alexa Ross A cooking contest using only ingredients purchased at Homer's Hut.



FRIDAY, JANUARY 20TH

9:00am-12:00pm, Eliot Circle

RSSC 201: Shooting Range Field Trip, 1st group Ty Marbut '11

Absolute prerequisite: RSSK Firearms Training 101 (gun safety). We will take a field trip to the Tri-County Gun Club where we will shoot pistols, rifles, and shotguns at short- and medium-distance targets. It will be fun! We will start by solidifying the shooting knowledge gleaned in RSSC 101 (accurate shooting techniques), and continue with shooting drills to balance speed and accuracy. 45 max.

10:00am-11:00am, Language Lab Online Resources for Language Majors/ Enthusiasts: German Alexandra Primiana Continual practice is key to a better understanding and an ultimate mastery of any language. Any interested language majors (or language enthusiasts) should come by the Language Lab during Paideia to learn of useful and interesting online resources that could help in perfecting a foreign language. Each day will be dedicated to one of the languages taught at Reed: German, Spanish, Russian, Chinese, French. We'll be looking at grammar and vocabulary specific resources, as well as online tools designed for better study. We'll also be looking at research, cultural, and literary resources that might prove invaluable in the more advanced language courses.

10:00am-11:30am, GCC-CD

Get Your Summer On!

Ron Albertson, Julie Kern-Smith, Tom Nelson, Brooke Hunter, and Nayland Olsen Summer is a great time for Reedies to gain experiences that can help propel them into the next phases of their lives. The problem is that the average Reedie only gets 3 of them before they graduate. So how can you maximize your time away from campus and have the most meaningful and (hopefully) fun experiences? We have the answer! In this class you will get an opportunity to meet with career services staff to get hands-on resources to discover many amazing summer possibilities, explore elements of the job/internship search process (like resumes and cover letters), and polish your approach to landing a summer gig. We will spend a lot of the time in rich conversation. Through the connections we each already have, Reedies comprise a far-reaching and powerful network of opportunities. Each participant gets the chance to describe your ideal summer away from Reed. This includes talking about locations, fields of study or work, and any other aspect of your ideal. Then we will see if somebody else in the room knows of somebody or some place where the road to the ideal may begin.

12:00pm-1:00pm, Dance Studio

Play 300: Intro to Partner Poi

Harrison Watson and Lindsay Sonderhouse

We will be teaching the basics of partner movement with poi. Topics covered will include rhythm and timing with a partner and various weaves and other partner movements. Some experience with poi is highly recommended.

12:00pm-1:20pm, Vollum 110 Building the Vessel: Meditative Development in Tibetan Buddhism Dr. Brennan Gilbert The Tibetan Buddhist traditions provide a thorough outline for practices which support and precede the development of mindfulness and formal meditation. This lecture will place mindfulness development in the context of the Noble Eightfold Path by discussing practices, reflections, and rituals which foster the arising of mindfulness.

12:00pm-3:00pm, Eliot Circle

RSSC 201: Shooting Range Field Trip, 2nd group

Ty Marbut '11

Absolute prerequisite: RSSK Firearms Training 101 (gun safety). We will take a field trip to the Tri-County Gun Club where we will shoot pistols, rifles, and shotguns at short- and medium-distance targets. It will be fun! We will start by solidifying the shooting knowledge gleaned in RSSC 101 (accurate shooting techniques), and continue with shooting drills to balance speed and accuracy. 45 max.

12:00pm-4:00pm, Spanish House Kitchen

Piedeia II: Experimental Methods

Natalie Farnham and Amelia Munson

Buildin' on the skills of Piedeia I, the Ladies Pie Society experiments with technique and palate. These are not your granny's pies.

1:00pm-2:30pm, Vollum 116

Knitting Circle

Anjuli Dharna

This class will be a fun and exciting way to meet other knitters in our reed community. Basically it's a knitting circle open to anyone. We will also be teaching the basics of knitting, so if you've always wanted to learn, Come on out!

1:00pm-3:00pm, Infoshop Silent Football (A Camp Game) Greeni Sullivan The game Silent Football is neither silent nor involves a football. It is a wonderful game of ever-changing rules, manners, invisible objects and general silliness. For a flashback to the magic of summer camp, come join us!

2:00pm-3:00pm, Dance Studio Play 300: Meditating with Skill Props Harrison Watson Meant as a follow-up to our introductory skill prop classes, this class will teach meditation through the use of fire spinning practice props. We will explore stretching, breathing, and repetitive motions as a means of chilling out and meditating.

2:00pm-3:00pm, Eliot 416

Extreme Metal 103: Doom Metal and Sludge Metal

Ethan Pettyjohn

What's the difference between Death Metal and Black Metal? Death Metal's the same thing as Screamo, right? Isn't it all just noise anyway? Find out the answers to these questions and more in this three-part lecture series on the extreme subgenres of heavy metal music. This lecture will focus on the Doom and Sludge Metal subgenres, their history and influences, and some of the techniques involved in playing them.

2:00pm-3:30pm, Eliot 103

Grimm's Fairy Tales: A Modern Approach

Renata Barreto

This course explores Grimm's fairy tales and their portrayal in the eponymous new series, Grimm, a fantasy show set in our very own Portland, OR. We will read the fairy tales that inspired some of the more memorable episodes and discuss their incorporation into the modern day scene. More importantly, the class will probe into the concept of the American familial identity (as reified by particular creatures' ties to tradition or, on the other end, attempts at assimilation) and its links to the European continent, its myths and its history.

2:00pm-3:30pm, GCC-CD

Hey Baby, What's Your Type?

Julie Kern-Smith and Nayland Olsen

Find out why you and your roommate drive each other nuts, or why you are the only one in the entire class that gets along with your conference leader! The Myers- Briggs Type Indicator addresses our innate preferences, what makes us unique, and why the person next to you acts so differently. Your personality preferences can help you decide what you want to do at Reed and beyond and how to use your preferences to help you succeed. Attendees will complete a version of the instrument and we will discuss how to interpret the results for your personal and professional plans.

3:00pm-3:30pm, Quad Remember the Alamo Numero Dos

Aaron Salomon

Do YOU remember the Alamo? Let us refresh your memory. Come recreate this infamous clash between Texan and Mexican forces! Historical context, battle implements, and an imitation Alamo to be provided. Which side will you choose?

3:00pm-4:00pm, Chinese House

Learn How to Play Mahjong

Christian Acuna

Learn how to play Mahjong at the Chinese House! A traditional Chinese game that requires a bit of skill and luck (similar to gin rummy). See you there! Tea and snacks will be provided.

3:00pm-4:00pm, Vollum 110

Exploring the Olfactive: Scents, Perfumes, their importance and application Sean Howard

This class will be a quick'n'dirty introduction to the world of smell and perfume. We'll examine the psychology and physiology of odor detection, social trends regarding scent and perfume, then try some out! We'll use samples of common smells, "celebrity scents," perennial classics to cutting edge niche market fragrances. Are you ready to be tenderly nose fucked? OH YEAH.

3:00pm-4:00pm, Dance Studio

Play 304: Backwards Poi

Daniel Fennelly

In this poi workshop we will be focusing on movement symmetries and the new possibilities opened up to us by knowing how to do everything forwards and backwards, upside-down and sideways. Emphasis will be placed on weaves and related movements. Some prior poi experience will be necessary to fully follow the class, although everyone is welcome to attend and follow to the best of their ability. (Bring your own poi!)

3:00pm-5:00pm, Winch

Reed Stories

Cricket Parmalee '67

This is a regular Paideia high point. As one participant wrote, "Cricket was part of the Reed Oral History Project and has heard Reed stories from the many decades of Reed's colorful history. She takes it as her mission to pass the stories on so that we might find interesting common threads and grains of wisdom." Stories of Reed students from the 1920s to now – funny, poignant, quirky, dark. Your family history told by a master storyteller who personally hosted 30 gatherings of Reed alumni telling their stories. Note: If you've already come, come Saturday for new stories – about faculty, romance, sports...

3:00pm-6:00pm, Eliot Circle

RSSC 201: Shooting Range Field Trip, 3rd group

Ty Marbut '11

Absolute prerequisite: RSSK Firearms Training 101 (gun safety). We will take a field trip to the Tri-County Gun Club where we will shoot pistols, rifles, and shotguns at short- and medium-distance targets. It will be fun! We will start by solidifying the shooting knowledge gleaned in RSSC 101 (accurate shooting techniques), and continue with shooting drills to balance speed and accuracy.

4:00pm-5:00pm, Psych 105

The Science of Drugs

Kathryn Sackinger (SSDP)

A PowerPoint presentation/talk on how substances exert their effects, both in terms of generalized mechanisms and the specific receptor systems affected by different classes of substances.

5:00pm-7:00pm, SU

Play 330: Improvisational Play With Props And Partners

Rachel Cole-Jansen

This class is focused on workshopping improvisational dancing and play when working with random combinations of partners and props. Work on moving with complete strangers (and strange props) and coming up with cool new collaborations! Please bring whatever props you happen to have.

6:00pm-8:00pm, Dance Studio

"Move your Body" by Beyonce

Joy Contreras and Victoria Lee

Beyonce's "Move your Body" dance move has been picked up by the fantastic First Lady, Michelle Obama, to motivate kids of all ages to get up and live an active lifestyle. We hope to give Reedies an opportunity to never forget how to move their bodies with Beyonce's calorie-burning and fun dance!

6:00pm-9:00pm, Winch The game of C.R.U.D. Jacob "Tina" Kopczynski Like pool. Only in teams. And no cues. And only two balls. And at blazing speed. And under false names. Never mind, not like pool. But on a pool table.

7:00pm-9:00pm, Sports Center--Racquetball Courts

RSSC 202: Action Shooting

Ty Marbut '11

Prerequisite: RSSC 101 and 201, or any mid-semester training and range trip. This course will introduce students to the action shooting sports our club participates in regularly during the semester. Students will learn to balance speed and accuracy with guns, shoot in an action course-of-fire, and the skills necessary to participate in monthly local competitive shooting matches.

8:00pm-9:30pm, VLH

A Century of Protest Songs: What Occupy USA needs is a hit song. Dr. Demento '63

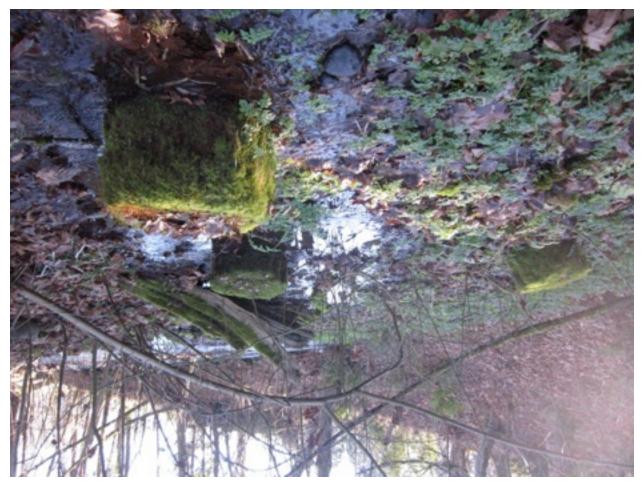
We'll hear memorable songs from protest movements through the years. Woody Guthrie, Pete Seeger, Bob Dylan, Lead Belly, Tom Waits, Gil Scott-Heron, many others.

8:00pm-11:00pm, Dance Studio Contact Improvisation (for all levels) Mauri Connors

This event is a one and a half hour introductory class to contact improvisation, a type of dancing utilizing parterning, modern dance, improvisation, acrobatics, and interpersonal connection. The introductory class is followed by an hour and a half contact jam (people with prior experience are welcome to come for the whole event or arrive at the halfway mark for the jam). The class focuses on grounding into the floor, listening and responding to one's partner, how to safely lift bodies, and the use of weight and gravity. It's going to be awesome. Please come if interested even with absolutely no dance experience.

9:00pm-1:00am, SU Blues Dance in SU Chris Cogell A blues dance in the SU, with a free lesson!

9:00pm-1:00am, Chapel FIST OF THE NORTH STAR MARATHON Katelyn Best We're going to start at the beginning of THE GREATEST ANIME SERIES and see how far we can get. For those not in the know, the show concerns itself with the MIGHTIEST MAN, KENSHIRO, who uses KUNG-FU to get his girl back by EXPLORING THE HEADS OF HIS ENEMIES as he travels across a post-Apocalyptic wasteland. Want to know a fact? KENSHIRO HAS NEVER LOST A FIGHT. Here's another: IF HE FOUGHT CHUCK NORRIS, CHUCK NORRIS WOULD CRY AND THEN EXPLODE. Want another? NO! YOU ARE ALREADY DEAD!



SATURDAY, JANUARY 21st

7:00am-7:00pm, Vollum 134 Smokery & Meatcraft XI Bear Wilner-Nugent, '95 and Andy McLain '92, Moose Price '03 For the eleventh year, the Meat Smoke Crew presents their daylong drop-in seminar on smoking and preserving all manner of beasts, fowls, and fishes. Learn how our merry band smokes meat at Renn Fayre and how you can smoke meat anytime, anywhere. Consultation and lab demonstrations throughout the day. Lectures at 12 noon (fire basics and smoker technology), 1pm (introduction to meat selection and treatments), 2 pm (cold-smoking salmon), 3 pm (the power of pork), and 4 pm (the history of meatsmoking at Reed and Renn Fayre). Treat availability announced in lectures.

9:00am-9:05am, Dance Studio 5 Minute Abs Natalie Farnham and Joan Wang Straight up 5 minute abs. No gimmicks. Satisfaction guaranteed.

10:00am-11:00am, Language Lab Online Resources for Language Majors/ Enthusiasts: Chinese Alexandra Primiana Continual practice is key to a better understanding and an ultimate mastery of any language. Any interested language majors (or language enthusiasts) should

come by the Language Lab during Paideia to learn of useful and interesting online resources that could help in perfecting a foreign language. Each day will be dedicated to one of the languages taught at Reed: German, Spanish, Russian, Chinese, French. We'll be looking at grammar and vocabulary specific resources, as well as online tools designed for better study. We'll also be looking at research, cultural, and literary resources that might prove invaluable in the more advanced language courses.

10:00am-12:00pm, Dance Studio

Kenjutsu

Robert Ericksen and Veronica Stewart

Introduction for beginner to the art of Japanese swordsmanship. Learn the philosophy and physical techniques of kenjutsu and use them for physical, emotional, spiritual growth as well as preparation for an inevitable Z-Day.

1:00pm-2:00pm, MLLL

MLLL and Librarians Team Up

Sarah Barrett '09

Some librarians (including a former MLLL signator) are going to be around this semester doing a project with the MLLL. We have some ideas about what we think it needs, but we want to hear from you! Come and give us your wishlist; what would make it better? What would make it easier to use? What would you love to do but don't have the time or know-how? Let us know, and we might be able to make it part of our project. Also come if you have questions about the MLLL or the collection, or just need advice on the next thing to read!

1:30pm-3:00pm, Psych 105 Myco 101: Introduction to Mushrooms Stephen Metzler and Julia Selker

This course will cover basic mushroom identification, mushrooms' history with humans, and their modern ecological significance in repairing and restoring habitats. A live demonstration of cultivation techniques will also be presented. Co-hosted by student group A Fungus Among Us.

2:00pm-4:00pm, Mat Room Learn How to Cartwheel

Joy Contreras and Alaïa Giglio

Have you ever been so excited that you wished you could do a cartwheel? Join us! You'll start with some basic skills and eventually work up to performing a cartwheel. Please wear comfortable workout clothes and bring a positive attitude and a water bottle. Capped at 15 participants.

3:00pm-4:30pm, Dance Studio

1000 Hands Buddha

Mark Magee '87

1000 Hands Qigong is a meditative gigong form based on Buddhist and Taoist principles. This form is a foundational practice from the lineage of Dr. and Master Liu. Master Liu is the gigong master at the Oregon College of Oriental Medicine in Portland and co -founder of the Linggui School of Healing Qigong. Dr. Liu is also a gigong master and co-founder of Linggui. 1000 Hands Buddha is practiced in a seated position, using simple flowing movements, mudra hand poses and visualizations intended to reproduce specific states of consciousness attributed to the teachings of the Buddha. It is considered a gigong form due to the focus on shifting energy through the body to reproduce these states. This is a wonderful form to do before sleeping or just after waking as it helps calm one down and foster some much needed focus to deal with the hectic social and academic life of the student. Also included is some introductory material on the role of mindfulness in the practice of gigong. Mark Magee, Reed '87, has been practicing gigong for six years through the Linggui School of Healing Qigong. His focus in recent years is on the role of gigong as conduit for transformation in the Zen and Tibetan Buddhist traditions.

3:00pm-5:00pm, Winch

Reed Stories

Cricket Parmalee '67

This is a regular Paideia high point. As one participant wrote, "Cricket was part of the Reed Oral History Project and has heard Reed stories from the many decades of Reed's colorful history. She takes it as her mission to pass the stories on so that we might find interesting common threads and grains of wisdom." Stories of Reed students from the 1920s to now – funny, poignant, quirky, dark. Your family history told by a master storyteller who personally hosted 30 gatherings of Reed alumni telling their stories. Note: If you've already come, come Saturday for new stories – about faculty, romance, sports...

7:00pm-9:00pm, Vollum 120 Kinky Crafts Kathleen Conahan Leather cuffs and collars are sexy, but way too expensive for starving college kids. Come learn to make your own!

8:00pm-9:30pm, VLH Dr. Demento's Greatest Hits Dr. Demento '63 Weird Al, Frank Zappa, Tom Lehrer, "Fish Heads" and more, in audio and video. Dr. Demento, radio's king of funny songs, tells the stories behind the songs, and how his radio career began right here at Reed.

9:00pm-10:30pm, Winch Weezer Sing-Along Michael Turvey Yea, and it has been said: since the dawn of Paideia, there has been a Weezer singalong. Come and rejoice in the golden age of Weezer (up to but not including Make Believe). Refreshments not provided.

10:00pm-2:00am, SU Beyoncé Ball Haley Jacobson, Johnny Flores, Rachel Pincus Get bodied.



SUNDAY, JANUARY 22ND

11:30am-1:30pm, Eliot 207 Introductory non-profit grant writing A'Nova Ettien '01

This two-hour class will provide a basic overview of the principles of grantwriting for non-profit organizations. Topics covered include:

- Overview of types of grants
- Determining whether a funding opportunity fits your organization
- Components of a proposal
- Best practices for preparing a grant proposal

12:00pm-2:00pm, Dance Studio Kenjutsu Robert Ericksen and Veronica Stewart Introduction for beginner to the art of Japanese swordsmanship. Learn the philosophy and physical techniques of kenjutsu and use them for physical, emotional, spiritual growth as well as preparation for an inevitable Z-Day.

12:00pm-3:00pm, Vollum 116 Comicsocalypse 2012 Lucy Bellwood Come learn the mystic secrets of drawing comics in this 3 hour workshop! We'll be talking about a little comics theory, sharing resources for making comics in Portland's supervibrant scene, doing some wild exercises to get your creative

Portland's supervibrant scene, doing some wild exercises to get your creative juices flowing, and then collaborating on a minicomic that will be published and put in the MLLL! Zero artistic experience or skill required -- enthusiasm a must.

1:00pm-2:30pm, Winch

The Spring Crisis, a comic play from 1942

Honor Council

The Spring Crisis is nothing new. Year after year, campus exploded with some sort of crisis when spring rolls around. Come look at the script of the 1940's "production designated for the entertainment of the cognoscenti." Join us for laughter and a bit of Reed history. This class will entail dramatic readings, terrible acting, most likely good acting too, probably some strange costumes, and definitely free food. Be prepared for what's to come this spring...

2:00pm-4:00pm, SU

NERF WAR!!!

Mark Hulse '05

Come get exercise, learn valuable teamwork skills, and take part in a wholesome Paideia tradition, all while blasting people with foam darts. If you love the smell of polyurethane in the morning, help make this the largest battle royale yet. Bring your NERF guns if you have them, though my arsenal is large enough that I can usually accommodate all comers.

2:15pm-4:15pm, Eliot 207

"Hush" doesn't mean "quiet" and "buddy" isn't just a friend: A true-butsubjective story of one person's Peace Corps experience A'Nova Ettien '01

During the Peace Corps selection process, you're allowed the chance to express a placement preference. I said, "South America would be great. Asia or Africa would be great. Really the only place I'd rather not be is an island." This interactive 90-minute session will be a frank portrayal of what it was like to be a public health volunteer in Peace Corps Jamaica (the good, the bad, and the silly). Key topics will include the experiences of navigating cultural differences (with host country nationals and fellow PCVs), learning hilarious dance moves and horrifying song lyrics, conducting HIV-prevention outreach in a homophobic culture, and making a movie with a Jamaican youth group. Questions/discussion encouraged!

3:00pm-4:30pm, Dance Studio

Dao Yin Wu Wei

Mark Magee '87

Dao Yin Wu Wei is an active qigong reminiscent of basic movements seen in Tai Chi. This is also a form from the Liu family qigong school. The form uses graceful arm movements and simple foot positions in order to take in and release qi. The intention is to create free flowing exchanges of internal qi with external qi until these perceived boundaries break down. It is a simple form that unveils a much greater complexity. It is also very much a meditation that helps develop concepts of equanimity and patience. As time permits, we may also learn a few movements from other qigong forms. This form can be anything from a deeply calming meditative experience that helps to unfold the mysteries of the physical body, to simply a great way to wake up numb limbs and free up your breathing after sitting for hours in the library. It is always your choice. Also included is some introductory material on the role of mindfulness in the practice of qigong.

3:00pm-5:00pm, Winch Reed Stories

Cricket Parmalee '67

This is a regular Paideia high point. As one participant wrote, "Cricket was part of the Reed Oral History Project and has heard Reed stories from the many decades of Reed's colorful history. She takes it as her mission to pass the stories on so that we might find interesting common threads and grains of wisdom." Stories of Reed students from the 1920s to now – funny, poignant, quirky, dark. Your family history told by a master storyteller who personally hosted 30 gatherings of Reed alumni telling their stories. Note: If you've already come, come Saturday for new stories – about faculty, romance, sports...

5:30pm-8:30pm, Kaul Chinese New Year - Year of the Dragon Christian Acuna Celebrate the year of the Dragon in style with a huge FEAST of Wong's King dimsum, Portland's award winning Dragon & Lion Dancers, a live Erhu (Chinese violin) performance, and a Taiji marital arts demonstration by the Yang Family. Last year over 300 people came to the Student Union to celebrate Chinese New Year and this year we are celebrating it in Kaul Auditorium. CNY is brought to you by the Chinese Language House.

6:00pm-8:00pm, Chapel The Music of Handel Mark Hulse '05 While George Frideric Handel is known primarily for his Messiah, it is merely one masterpiece from his prolific career. Beethoven and many others considered Handel the greatest composer who ever lived. Come learn why as we countdown some of his greatest arias and choruses. No prior musical knowledge is required. There will even be a raffle where you might win a free CD.

8:30pm-10:00pm, Quad End of Paideia Bonfire The Czars & CSOs Join us to celebrate the end of Paideia with s'mores!